

## **Imaginative Gospel Meditation**

This is a way to use our sanctified imaginations with gospel stories. It is a way to hear Jesus speak to us and it helps us to be engaged with scripture in a different way. It isn't the ONLY way, just a creative way that can uncover what is going on in us and how Jesus wants to meet us there.

Use a short passage of a gospel story.

1. Read the story out loud or have it read to you out loud.

Choose who you want to be in the story, who you are drawn to be. You can be any character or maybe a character that hasn't been mentioned.

As you place yourself in the story, use your imagination to see, hear, smell, sense, etc. I.e. What are the surroundings like? Who is there? Is the wind blowing? Is the sun shining?

As the person in this story, what are you thinking and feeling as you engage with Jesus and the circumstance – with what He is saying/what He is doing, etc.

2. Read the story out loud again. This time, what stands out to you? A word, phrase, concept, picture, sense, longing, etc.
3. Read the story out loud again. This time, how does what stood out to you intersect with your present life? How is it attached? Is there something that has been revealed to you about yourself, what you believe, what you feel, where your longing is for God, etc.? What do you want to say to Jesus about it? Is there an invitation from God to you in it? (There won't always be.)

Close by thanking God for this time.

You can also add a picture to this gospel meditation. It is then called *Visio Imaginative Gospel Meditation*.